

Winchelsea



All Individuals Matter

Miss Helen Duckett
Head Teacher
4a Sleaford Rd
Ruskington
Sleaford
Lincolnshire
NG34 9BY

Tel: 01526 832060

Fax: 01526 833710

Email: helen.duckett@winchelsea.lincs.sch.uk

Tuesday 16th May 2017

Dear Parents,

We have planned a Year 3 visit to Sleaford Tesco store on Wednesday 7th June. They are going to teach us about healthy eating and balanced diets to link in with this term's topic of 'Our Living World'. The children will learn that fruit and vegetables are healthy foods and we should aim to eat at least five portions a day. They will learn where sugar comes from, as well as how to read nutritional charts to avoid eating more sugar than the recommended allowance. The class will taste and find out about healthy snacks. They will try their hand at making muesli and learn that it can be a healthy breakfast option.

We will leave school promptly at 9.15am to be at Tesco for a 9.30am start time and will be back in school by midday for a normal lunchtime. In order to make identification easy, all children will still need to wear their full school uniform.

The visit is free and the transport is also paid for by Tesco's, which we are very grateful for.

Please return permission slips by Friday 26th May.

Yours sincerely,

J. Couling

Y3 Tesco trip 07/06/17

I give permission for my child _____ to attend the Y3 visit to Tesco.

Signed.....



INVESTOR IN PEOPLE