

Winchelsea



All Individuals Matter

PE Intent Document

Intent

Winchelsea School recognises and values the importance of Physical Education (P.E). We aim to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sports and other physically-demanding activities. We do this by adhering to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

It is our intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing the school games values.

Through enrichment activities and intra-school competitions, we aim to raise the profile of PE and expose our children to sports they may never have had the opportunity to engage with. Our PE syllabus is based on the Early Years Framework and the National Curriculum with a clear progression structure from Reception to Year 6. This progression of skills has been planned in order to build on the skills needed to meet the end of Key Stage objectives in the National Curriculum. Additionally, an imperative element of the curriculum at Winchelsea shows a need for healthy lifestyles, a balanced diet, positive growth mind-set and the resilience to persevere.

Implementation

The PE curriculum is taught through the 'FUNDamentals' needed to complete sporting skills, all in-line with the National Curriculum, and is used to aid teaching staff in their subject knowledge and planning of PE. Each class has access to two hours of high-quality physical activity every week. These are taught by the class teacher, sometimes supported/led by Carre's Outreach. Through the use of coaches, fun and innovative sessions are run that offer staff the chance to upskill their own practice. Within each lesson, children are given the opportunity to practise skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed them. Different skills are recapped throughout, and across the years, each time they are being built upon; allowing children to know more and remember more. By the end of year 6 the majority of children are able to meet the National Curriculum's standard of competently swimming 25m. We offer a wide range of sporting after-school clubs run by both teaching staff and external providers such as Carre's Outreach. Clubs coached by external providers are often paid for by school and they provide children with access to a wide range of sporting activities. A range of inter, intra and individuals' events run throughout the school year, giving children opportunities to take part in competitive sports. We also endeavour to offer trips to sporting events for children e.g The Rugby Union Varsity match at Twickenham and cricket matches at Trent Bridge.

Impact

Our curriculum aims to improve the wellbeing and fitness of all children at Winchelsea school; not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. Through strong links with PHSE we promote the overall well-being and health of each child through teaching about self-discipline and that to be successful they need to take ownership and responsibility of their own health and fitness. In all classes, children possess a wide range of physical abilities. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. Children at Winchelsea have the opportunity to make good progress in PE and are eager to attend after school clubs and competitive sports events.